



THE 1ST INTERNATIONAL CONFERENCE ON NTDS (IncoNTD) IN AFRICA

Participant's Pre-Departure Guide

Organised by



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Contact Information

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About Conference

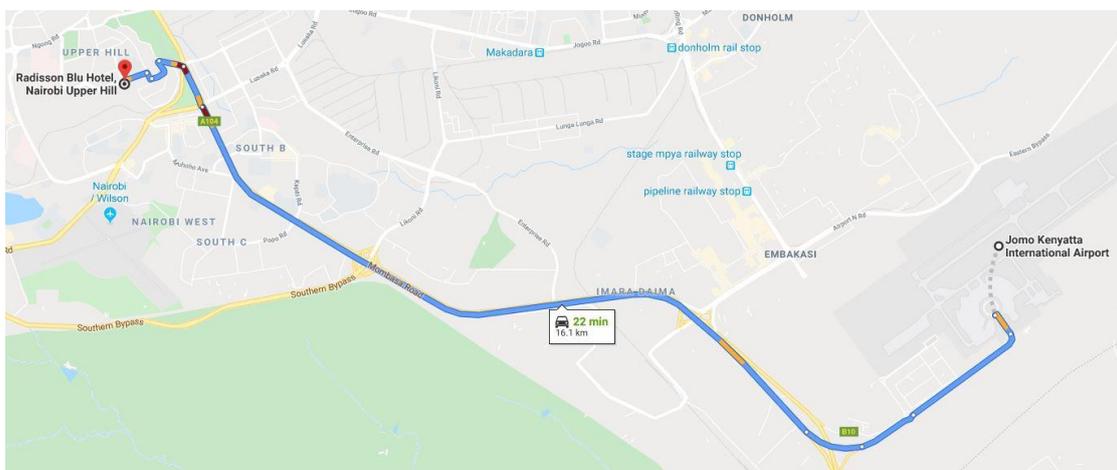
The 1st International Conference on NTDs (IncoNTD) in Africa is being jointly organized with the 13th Kenya Ministry of Health (Kenya MoH) and the Kenya Medical Research Institute (KEMRI) Annual NTD Conference, in conjunction with the African Research Network for Neglected Tropical Diseases (ARNTD). The conference takes place from December 4 – 6, 2019 at the Radisson Blu Hotel in Nairobi, Kenya. The theme; *“Cross-border partnership towards achieving control and elimination of NTDs”* is based on the recognition that success in control and elimination of NTDs in any country requires cooperation beyond its borders. The 1st IncoNTD will bring together national and international stakeholders involved in the control and elimination of NTDs in Africa and beyond.

Brief on Nairobi

Nairobi is the capital and largest city of Kenya. The name comes from the Maasai phrase “Enkare Nairobi”, which translates to “cool water”, a reference to the Nairobi River which flows through the city. The city has a population of about 3.5 million inhabitants. The city is famous for having [the world's only game reserve in a large city](#).



Conference Venue



 Radisson Blu Hotel, Nairobi Upper Hill Elgon Road, Nairobi, 00100, Kenya

 +254 (0) 709 810 000 |  info.nairobi@radissonblu.com

Getting to the Conference Venue

Visas

You may need a visa to travel to Nairobi for the conference depending on Kenya's requirements for citizens/travellers from your country. You can find more information on visa and your eligibility for an E-Visa or visa on arrival [HERE](#). You may also call or visit the Kenyan Embassy or Consulate nearest you for more information on how to secure a visa before your travel date. You may email info@incontd.org to request for an official invitation letter to facilitate your visa application process should you require one.

Flights

The best way to get to Nairobi from outside of Kenya is via flights coming into the Jomo Kenyatta International Airport (JKIA). JKIA is served by several major international airlines around the world. We encourage you to book your flights early in order to secure good travel deals.

Ground Transportation

A shuttle round trip (airport-hotel-airport) should cost the equivalent of approximately 50 USD and should be arranged directly with the hotel. Online app-based ride hailing services such as Uber, Bolt, Mondo ride and Little are also available in Nairobi.

Accommodation

The 1st IncoNTD will be held at the Radisson Blu Hotel. IncoNTD has negotiated a discounted rate of USD 180 per night (**tax inclusive**) for a standard superior room with Radisson Blu Hotel. A number of other hotel options with slightly lower rates and also within the neighbourhood of the conference venue have been provided below to choose from.

Remember to reserve early to secure a spot!



Radisson Blu



The Boma Hotel



Crowne Plaza



Town Lodge



West Breeze



Hillpark



Silver Spring

Additional practical information

Meals

IncoNTD shall provide 2 coffee breaks and a lunch at Radisson Blu to all registered participants on December 4, 5 and 6. Participants shall however be responsible for their personal dinners and any extra services they may request from the hotel.

Electrical appliances

Electricity sockets in Nairobi supply 220-240 volts at a frequency of 50 Hz. Sockets are of the British BS-1363 type or "Type G". You will need a travel plug adapter in order to plug in if your devices come with different plug types. Travel plug adapters simply change the shape of your appliance's plug to match whatever type of socket you need to plug into.



Time zone

East Africa Time (EAT), which is GMT + 3hours.

Weather in December and what to pack

The average temperature in Nairobi in December is cold at 13 °C (55.4°F). Afternoons can be fairly hot with average high temperatures reaching 26 °C (78.8°F). Night temperatures are generally mild with an average low of 14 °C (57.2 °F). There is the expectation of partly cloudy weather with a couple of showers during the Conference. Below is a forecast of the weather during the meeting period.

2 DECEMBER - 8 DECEMBER				
Mon 02/12		26° / 13°	A morning shower	Precip 55%
Tue 03/12		25° / 13°	An afternoon shower	Precip 41%
Wed 04/12		26° / 14°	Some sun, a t-storm in spots	Precip 40%
Thu 05/12		26° / 13°	A p.m. t-storm in spots	Precip 40%
Fri 06/12		26° / 13°	Clouds and sun with a shower	Precip 41%
Sat 07/12		25° / 14°	A thunderstorm in the area	Precip 40%
Sun 08/12		26° / 14°	A morning t-storm in spots	Precip 40%

Language

English and Swahili are the official languages spoken in Nairobi. The meeting shall be conducted in English.

Money / Credit Cards

The Kenyan Shillings (KSH) is the currency for Kenya. Shops, restaurants and other vendors may accept euros and dollars, but they are not required to do so. Any balance due you when you pay for an item may be given in Shillings, at the discretion of the vendor. We therefore advise you to change some money into the local Shillings if you anticipate you will make any purchases.

The unit of currency is the Kenyan Shillings. Current Exchange rates are as follows (approximately):

- EUR = 115.198 KSH
- USD = 103.263 KSH
- GBP = 133.850 KSH

Vaccinations

Please carry your International Certificate of Vaccination with official proof of yellow fever vaccination, as it may be required on arrival. It is usually advised that you get courses or boosters against Diphtheria; Hepatitis A; Poliomyelitis; Tetanus; Typhoid. Your doctor may recommend additional vaccinations prior to travel.

The Organizers of IncoNTD look forward to welcoming you in December to Nairobi!